



## **North Sound Behavioral Health Advisory Board**

### **Agenda**

January 2, 2024

1:00 p.m. – 3:00 p.m.

**Call to Order and Introductions**

**Revisions to the Agenda**

**Approval of December Minutes**

**Announcements**

**Brief Comments or Questions from the Public**

**Executive Committee Report**

**Director's Report**

**North Sound Contracts Presentation – Lisa Hudspeth and Margaret Rojas**

**Director's Action Items**

**Old Business**

- Opioid Abatement Council Update
- Legislative Forum Update

**New Business**

- Executive Committee Appointment

**Report from Advisory Board Members**

**Reminder of Next Meeting**



## **North Sound Behavioral Health Advisory Board**

**December 5, 2023**

**1:00 – 3:00**

**Meeting Minutes**

**Empowering individuals and families to improve their health and well-being**

## **Members Present**

- Island County: Rose Dennis, Chris Garden, Candy Trautman,
- San Juan:
- Skagit County: Deanna Randall-Seacrest, Jeanette Anderson
- Snohomish County: Michele Meaker, Mena Peebles, Jana Robison, Pat O'Maley-Lanphear, Gay-Lynn Beighton
- Whatcom County: Mark McDonald, Alan Friedlob, Hannah Ordos, Kara Allen

## **Members Excused:**

- Island County:
- San Juan County:
- Skagit County:
- Snohomish County:
- Whatcom County:

## **Members Absent:**

- Island County:
- San Juan County:
- Skagit County:
- Snohomish County:
- Whatcom County:

**North Sound BH-ASO Staff:** JanRose Ottaway Martin, Executive Director; Margaret Rojas, Assistant Director; Maria Arreola, Advisory Board Coordinator, Michael McAuley; Clinical Director

## **Managed Care Organization Representation:**

- United Healthcare:
- Coordinated Care:
- Molina Healthcare: Savannah Burt
- Community Health Plan of Washington [CHPW]: Marci Bloomquist

## **Guests:**

Lisa Day, Office of Behavioral Health Advocacy

## **Pre-Meeting Training**

Non pre-meeting month.

## **Call to order and Introductions**

The meeting was called to order by Chair O'Maley-Lanphear at 1:03 p.m.

## **Revisions to the Agenda**

No revisions mentioned.

## **Approval of November Minutes**

Kara moved a Motion made for the approval November minutes Chris seconded. All in favor, Motion carried.

## **Announcements**

- Chair O'Maley-Lanphear mentioned the resignation of Mark Pederson, Island County.

## **Brief Comments from the Public**

- None

## **Executive Directors Report**

Report given by JanRose.

## **Executive Director's Action Items**

Margaret reviewed each of the Action Items.

Chris moved a motion to move the HCA Downstream Contracts to the Board of Directors for final approval. Jana seconded the motion. Gay-Lynn abstained. Motion carried.

Michele moved a motion to move the Substance Abuse Block Grant and Mental Health Block Grant to the Board of Directors for approval. Chris seconded the motion. Mark opposed. Motion Carried.

## **Executive/Finance Committee Report**

The November Expenditures were reviewed and discussed. Chair O'Maley-Lanphear moved a Motion made to move the Expenditures to the Board of Directors for approval. Rose Seconded. All in Favor. Motion Carried.

- **2024 North Sound BH-ASO Proposed Operating Budget**

Candy moved a motion to move the 2024 North Sound BH-ASO Proposed Operating Budget to the Board of Directors for approval. Jeanette seconded the motion. All in favor. Motion carried.

### **– 2024 Advisory Board Proposed Operating Budget**

Chair O'Maley-Lanphear moved a motion to approve the 2024 Advisory Board Proposed Operating Budget. Rose seconded the motion. All in favor. Motion carried.

## **Old Business**

### **2024 Officer Voting**

The vote took place. Mena Chair of the Nominating Committee announced Kara as 2024 Chair and Chris the 2024 Vice Chair.

### **AB Marketing/Recruitment**

Tabled due to time constraint.

### **Community Outreach**

Tabled due to time constraint.

## **New Business**

None

### **Report from Advisory Board Members**

Gay-Lynn announced NAMI SMART workshop. Gay-Lynn will send the flyer to Maria to send to members.

Jana announced the Mukilteo youth mental health event. Jana will send the flyer to Maria to send to members.

### **Reminder of Next Meeting**

Tuesday, January 2. Notify Maria if you are interested in attending in person.

## **Adjourn**

Chair O'Maley-Lanphear adjourned the meeting at 3:08 p.m.

**For Board of Directors Approval**

## Recovery Navigator Program (RNP)

- North Sound holds a large reserve of RNP funds. We have reached out to our RNP providers to inquire whether they can use one-time funding for the programs. We have received requests from all five programs and are amending the contracts to add the six-month allocations of their requests. These funds will be renewed until the reserve is depleted.
- The funding will be renewed every 6 months until it is spent down, to date we have approximately \$3,000,000 in reserves. The providers have requested a total of \$2,915,000.00.
  - Island County - 6-month allocation \$92,500.00
  - San Juan County (Compass Health) - 6-month allocation \$125,000.00
  - Skagit County (Community Action of Skagit County) – 6-month allocation \$55,000.00
  - Snohomish County – Total Request \$ 6-month allocation \$93,500.00
  - Whatcom County – Total Request \$ 6-month allocation \$154,000.00

## Motion#

North Sound BH-ASO-Island County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Island County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Community Action of Skagit County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Skagit County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Compass Health-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in San Juan County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Whatcom County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Whatcom County. The contract term is July 1, 2023, through June 20, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Snohomish County-RNP-23 Amendment 1 for the provision of adding reserve funds to enhance RNP services in Snohomish County. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

**For Introduction**

Community Behavioral Health Rental Assistance - Proviso 86 Program Enhancement Funding

- The Proviso 86 funding was a competitive process with Health Care Authority (HCA) to provide funding for individuals involved in the criminal justice system who need behavioral health services and/or housing. The North Sound BH-ASO will receive \$739,000 annually for this project.
- HCA requested the ASO provide a match for the Proviso 86 funding, there was no indication of the level of match, we provided 33%, consistent with federal match requirements. Due to the funding requests coming in above the \$739,000 we used the match to increase two of the providers for equity in the allocations.
- The amendments below are allocating the funds to our Community Behavioral Health Rental Assistance Programs.
  - The allocations are as follows:
    - Snohomish County-Bridgeways \$161,000
    - Snohomish County-Compass Health-\$150,000
    - Island, Snohomish, Skagit & Whatcom County-Pioneer Human Services-\$61,000 + North Sound BH-ASO General Funds-State 33% match of \$121,935
    - Whatcom & Skagit County-Lifeline Connections-\$61,000 + North Sound BH-ASO General Funds-State 33% match of \$121,935
    - Whatcom County-Lake Whatcom Center-\$150,000
    - Whatcom County-Opportunity Council-\$156,000

#### Motion#

NS BH-ASO-Bridgeways-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Snohomish County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Snohomish County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Skagit and Whatcom County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Lake Whatcom Center-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Whatcom County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Pioneer Human Services-CBRA-23 Amendment 1 for the purpose of adding Proviso 86 funds to the CBRA rental assistance in Island, Skagit, Snohomish and Whatcom County. The contract term is July 1, 2023, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

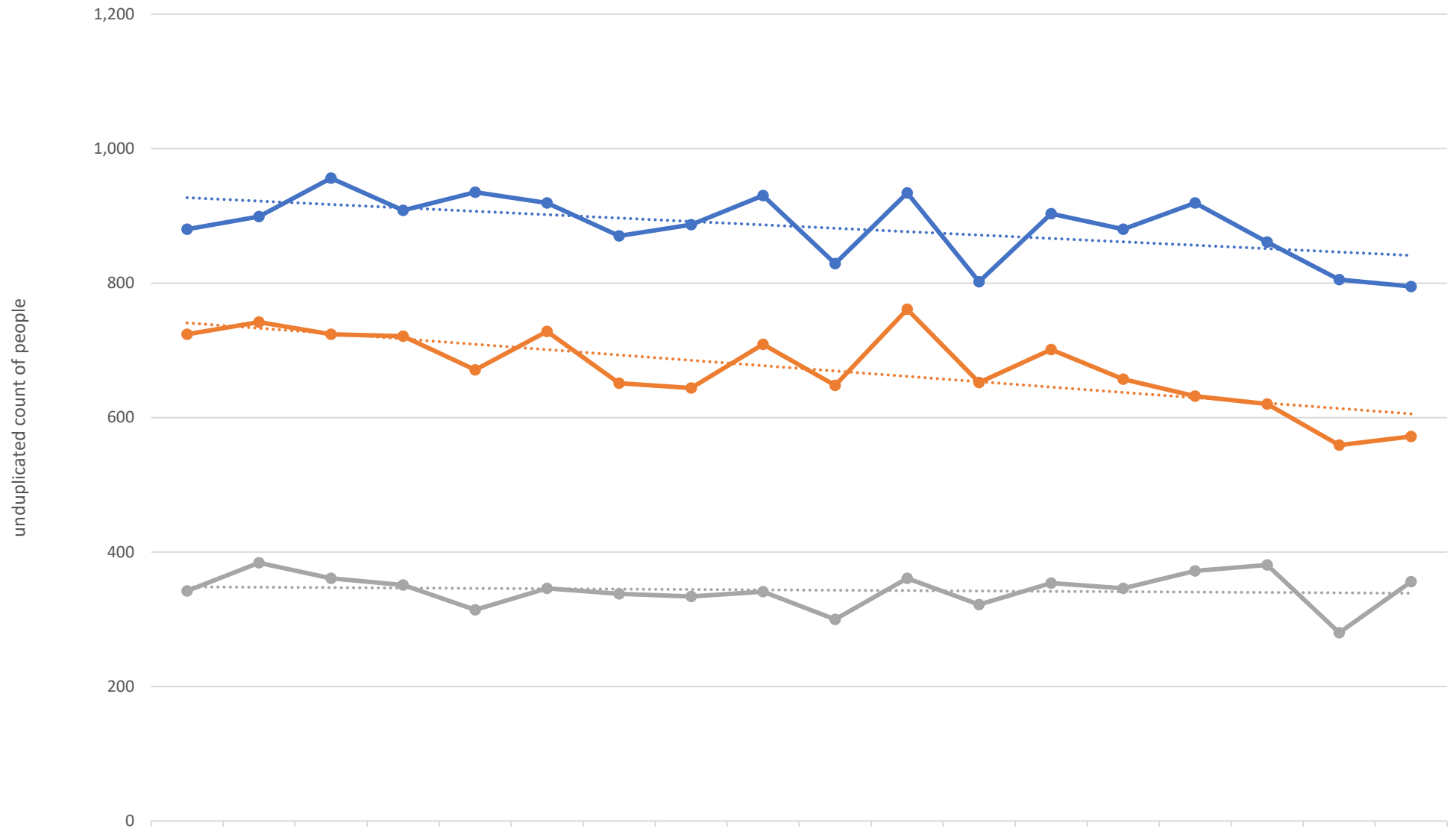


## North Sound Crisis System Dashboard

Page 2	Unduplicated People receiving a crisis system service
Page 3	Island - Unduplicated People receiving a crisis system service
Page 4	San Juan - Unduplicated People receiving a crisis system service
Page 5	Skagit - Unduplicated People receiving a crisis system service
Page 6	Snohomish - Unduplicated People receiving a crisis system service
Page 7	Whatcom - Unduplicated People receiving a crisis system service
Page 8	Region Designated Crisis Responder (DCR) Investigations
Page 9	Region DCR Investigation Referral Sources
Page 10	Region DCR Investigation Outcomes

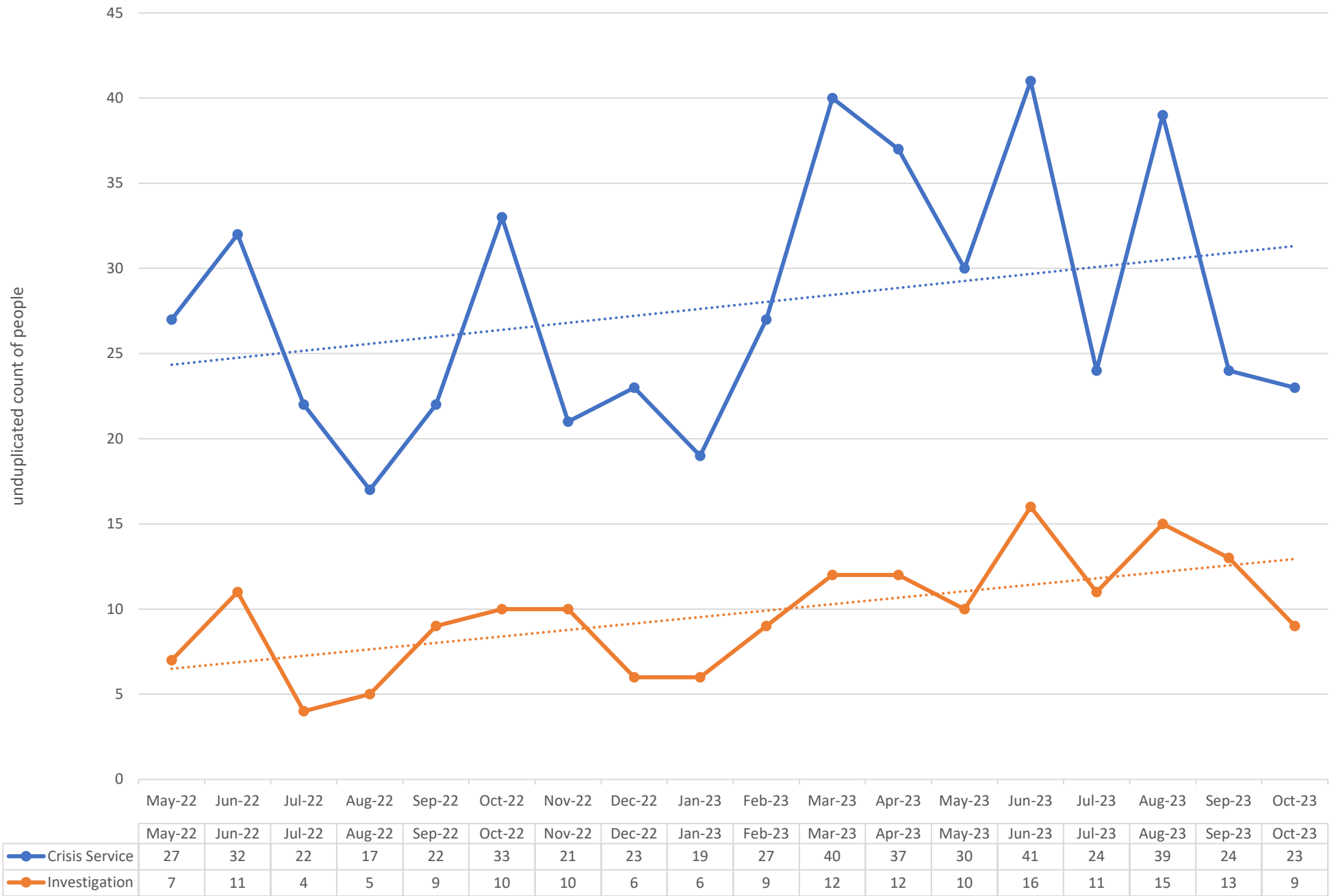


# Unduplicated People receiving a crisis system service

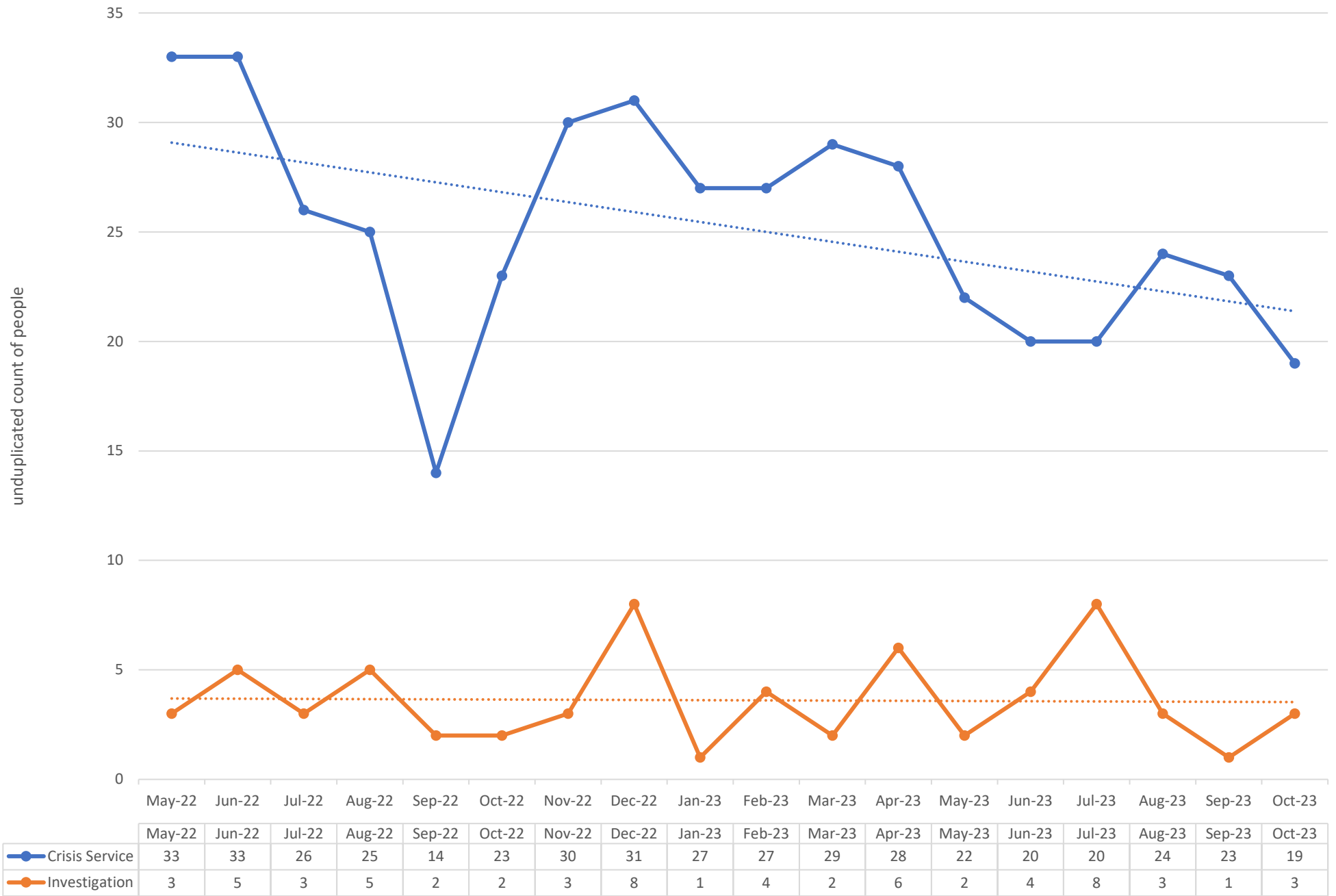


	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23
—●— Crisis Call	880	899	956	908	935	919	870	887	930	829	934	802	903	880	919	861	805	795
—●— Crisis Service	724	742	724	721	671	728	651	644	709	648	761	652	701	657	632	620	559	572
—●— Investigation	342	384	361	351	314	346	338	334	341	300	361	322	354	346	372	381	280	356

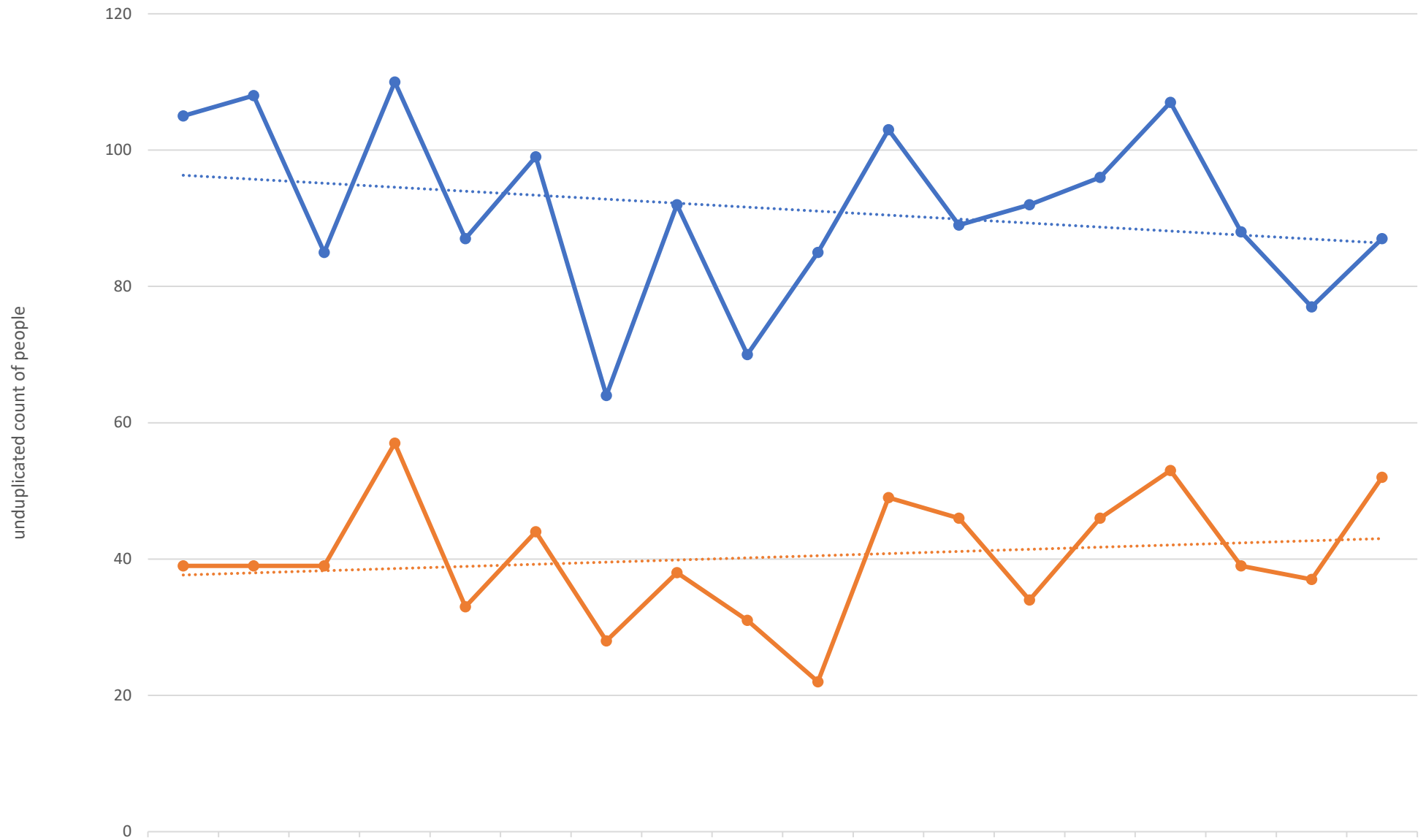
# Island - Unduplicated People receiving a crisis system service



# San Juan - Unduplicated People receiving a crisis system service

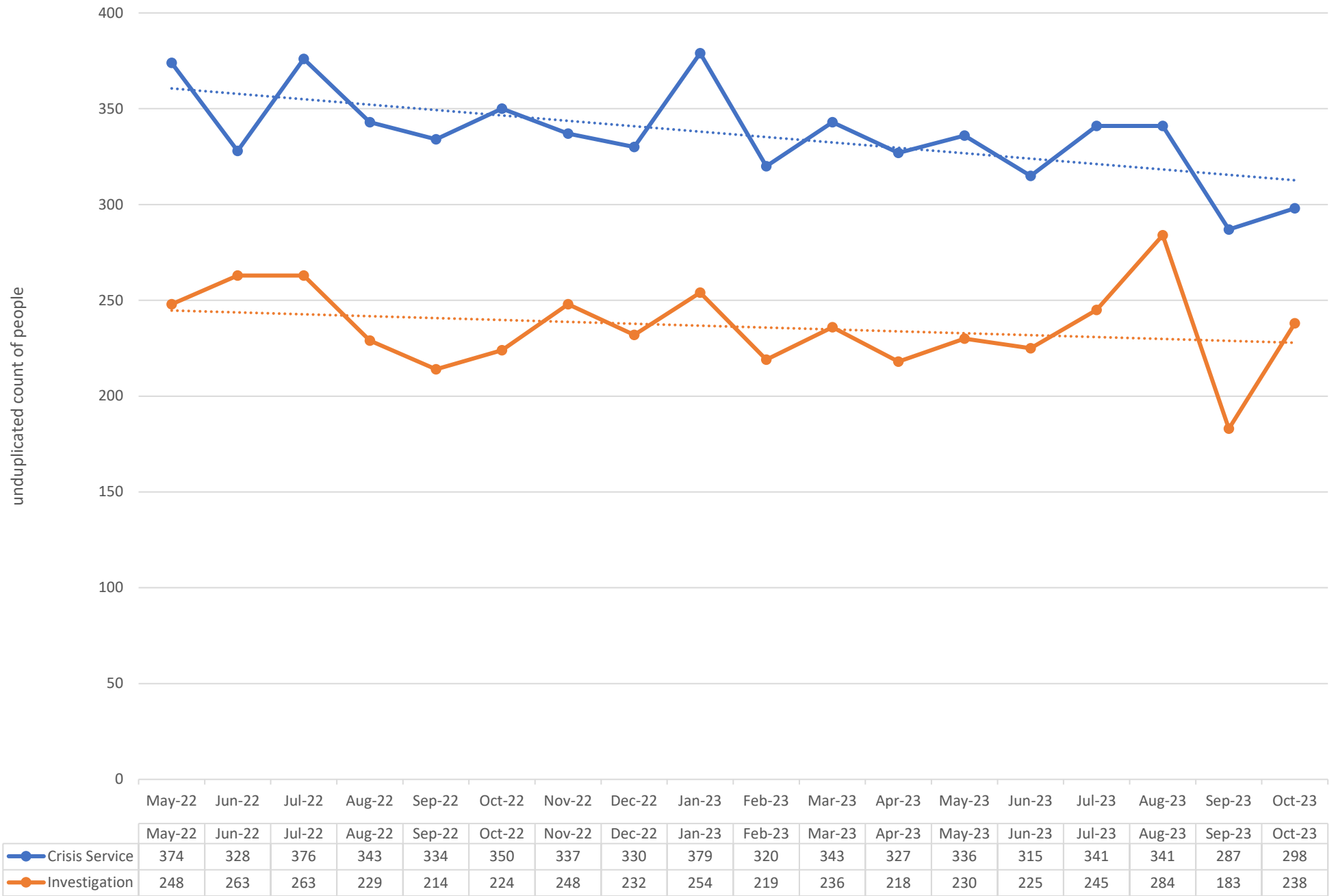


# Skagit - Unduplicated People receiving a crisis system service

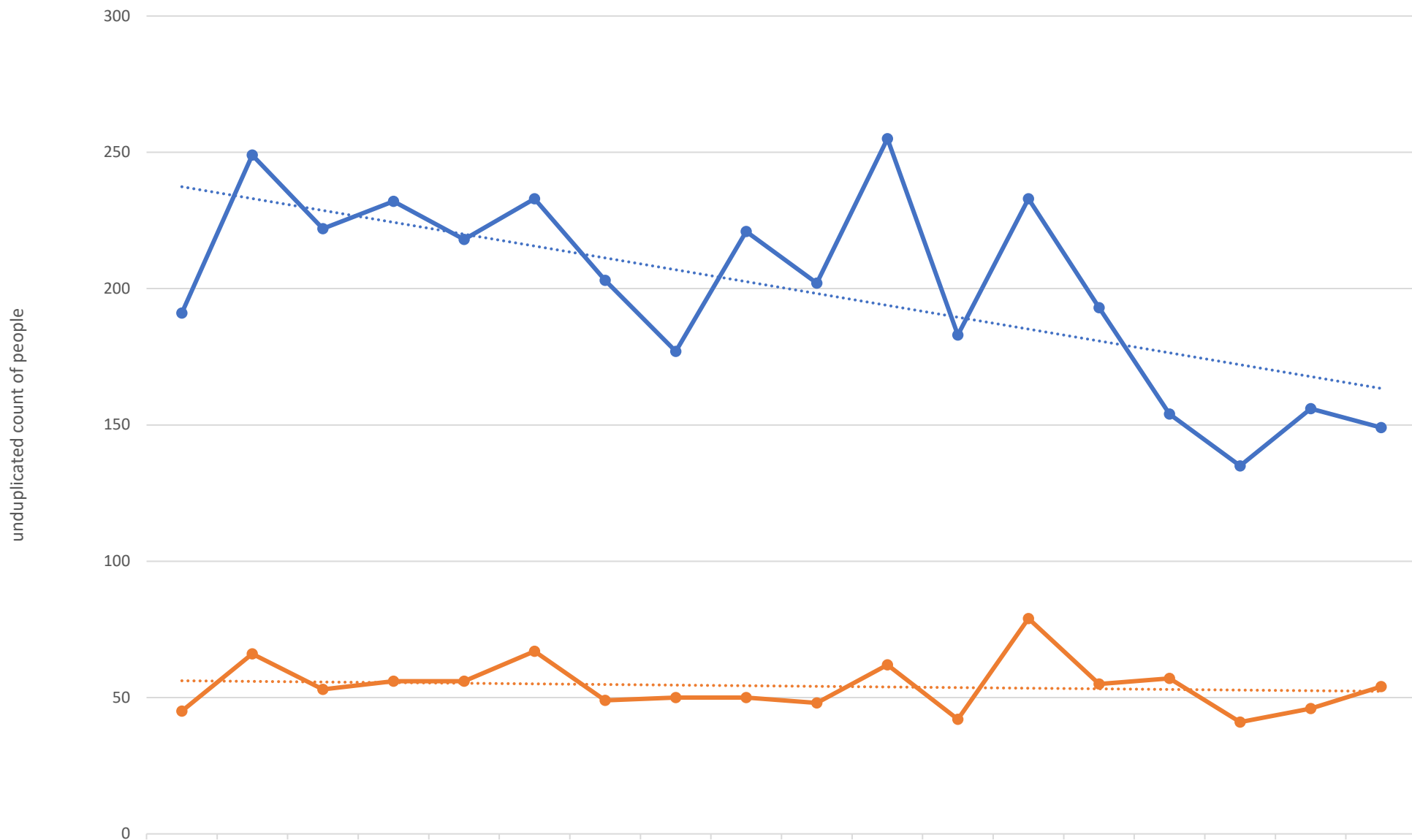


	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23
Crisis Service	105	108	85	110	87	99	64	92	70	85	103	89	92	96	107	88	77	87
Investigation	39	39	39	57	33	44	28	38	31	22	49	46	34	46	53	39	37	52

# Snohomish - Unduplicated People receiving a crisis system service

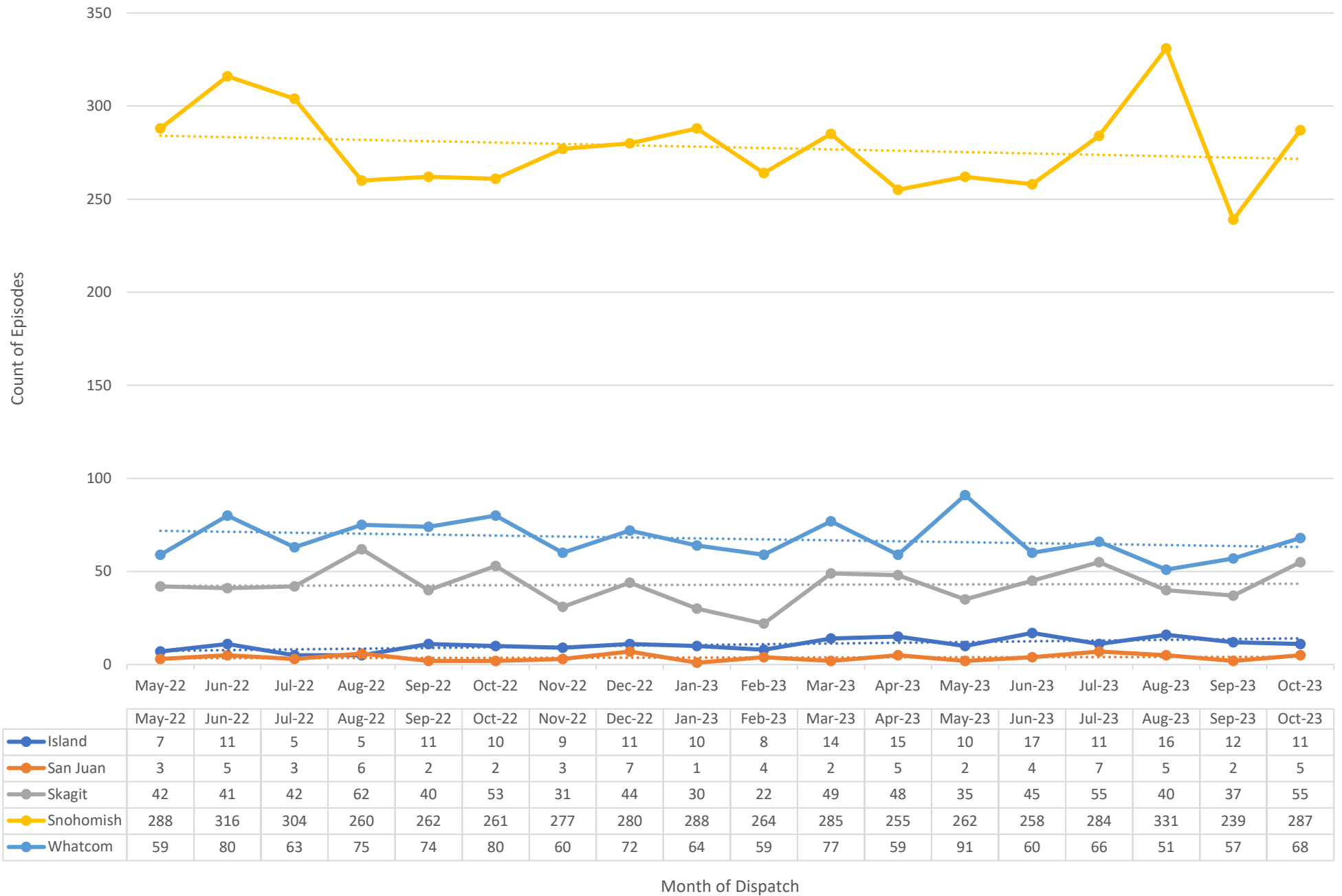


# Whatcom - Unduplicated People receiving a crisis system service

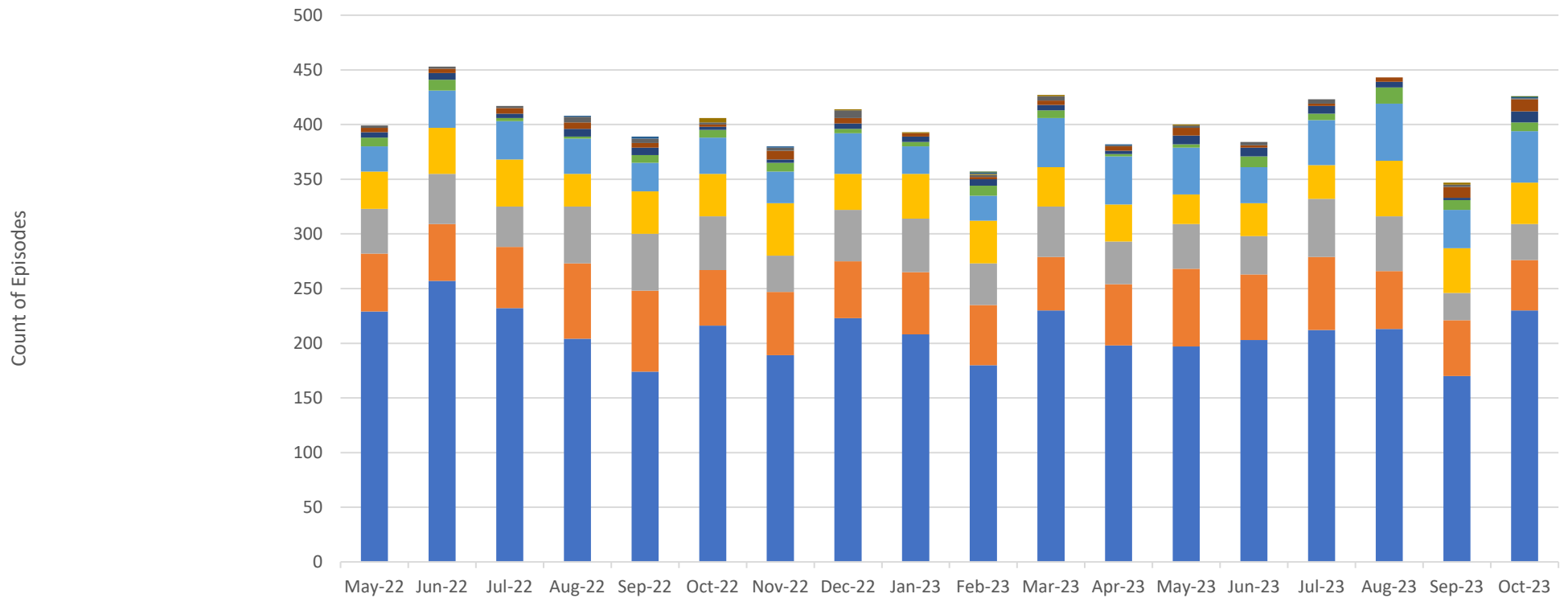


	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23
Crisis Service	191	249	222	232	218	233	203	177	221	202	255	183	233	193	154	135	156	149
Investigation	45	66	53	56	56	67	49	50	50	48	62	42	79	55	57	41	46	54

## Region Designated Crisis Responder (DCR) Investigations



## Region DCR Investigation Referral Sources

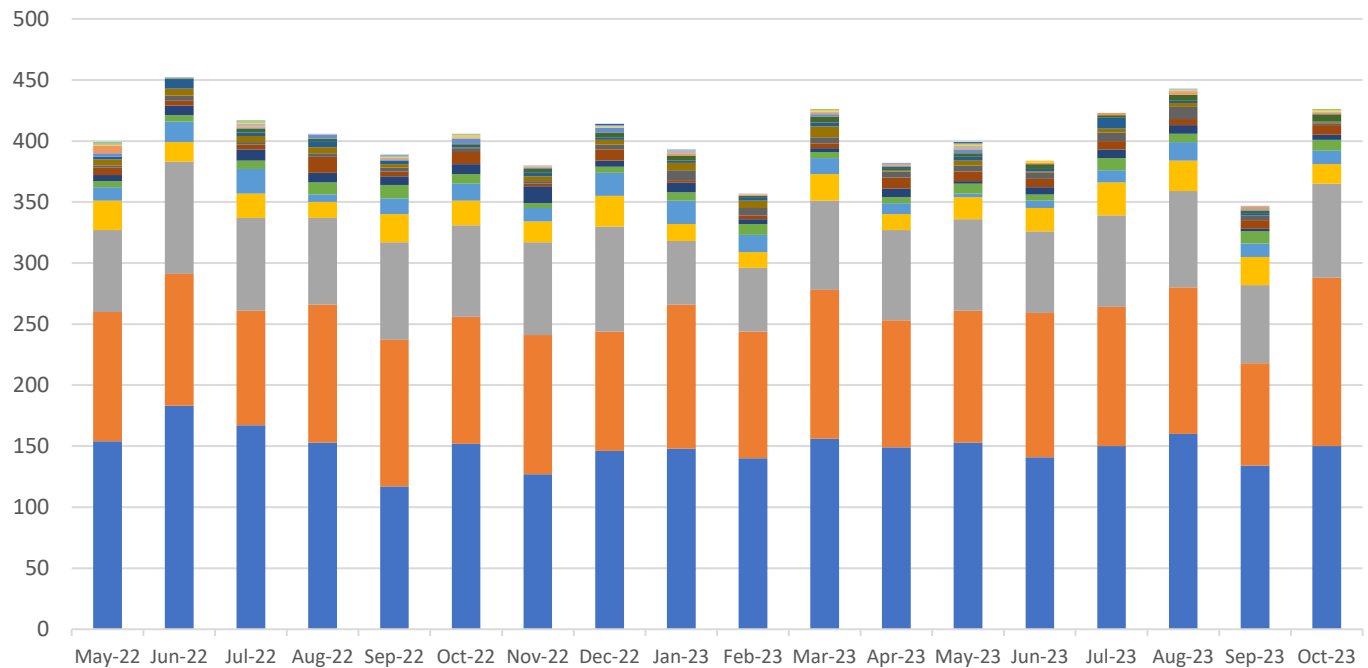


Month of Dispatch



## Region DCR Investigation Outcomes

Count of Episodes



	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23
■ Referred to chemical dependency residential program	0	0	0	0	0	0	0	1	0	0	0	0	1	0	0	0	0	0
■ No detention – Secure Detox provisional acceptance did not occur within statutory timeframes	1	0	1	0	0	0	0	0	0	0	1	0	1	0	0	0	0	1
■ Referred to chemical dependency intensive outpatient program	1	0	1	0	2	1	0	1	1	0	0	1	0	0	0	1	0	0
■ Referred to sub acute detox	1	0	1	0	1	2	0	1	0	0	1	0	1	2	0	1	0	1
■ Referred to chemical dependency inpatient program	0	0	2	1	0	1	1	0	2	1	1	0	2	0	0	1	1	1
■ Referred to acute detox	6	0	1	0	1	0	1	0	2	1	1	1	1	1	2	2	2	1
■ No detention - E&T provisional acceptance did not occur within statutory timeframes	3	1	1	3	1	4	1	4	0	0	2	1	3	0	0	0	1	0
■ Detention to Secure Detox facility (72 hours as identified under 71.05)	0	1	3	2	0	1	3	4	4	1	5	2	3	4	2	5	2	6
■ No detention - Unresolved medical issues	2	7	3	5	3	2	3	2	2	3	3	1	3	2	9	2	2	1
■ Referred to crisis triage	5	6	5	5	3	1	4	4	6	6	9	1	4	1	3	3	0	1
■ Filed petition - recommending LRA extension.	2	4	2	3	3	3	2	4	8	6	5	5	5	5	7	10	4	1
■ Referred to non-mental health community resources.	6	4	4	13	4	10	2	9	2	3	4	9	8	7	7	5	7	8
■ Returned to inpatient facility/filed revocation petition.	5	8	9	8	7	8	14	5	8	4	3	7	2	6	7	7	2	4
■ Non-emergent detention petition filed	5	5	7	10	11	8	4	5	7	9	5	5	8	5	10	7	10	9
■ Did not require MH or CD services	11	17	20	6	13	14	11	19	19	14	13	9	3	6	10	15	11	11
■ Referred to voluntary inpatient mental health services.	24	16	20	13	23	20	17	25	14	13	22	13	18	19	27	25	23	16
■ Other	67	92	76	71	80	75	76	86	52	52	73	74	75	67	75	79	64	77
■ Referred to voluntary outpatient mental health services.	106	108	94	113	120	104	114	98	118	104	122	104	108	118	114	120	84	138
■ Detention (72 hours as identified under the Involuntary Treatment Act, RCW 71.05).	154	183	167	153	117	152	127	146	148	140	156	149	153	141	150	160	134	150

Month of Dispatch